

While a health emergency often launches the process of searching for a senior living community for yourself or a loved one, the best advice is to begin researching and visiting communities before a crisis occurs. Meeting staff, residents and often family members is one of the best ways to learn about a community. Every senior living community is unique, but there are common questions to consider before, during, and after a visit. The checklist that follows will assist you in making an informed assessment during the process.

Social Environment

\bigcirc	Do you receive a warm greeting from staff welcoming you to the community?
\bigcirc	Does the staff call residents by name and interact with them as you tour the community?
\bigcirc	Do residents socialize with each other and appear happy and comfortable?
\bigcirc	Are you able to talk with residents about how they like the community and staff?
\bigcirc	Do the staff members treat each other in a professional manner?
\bigcirc	Are the staff members who you pass during your tour friendly to you?



Physical Features

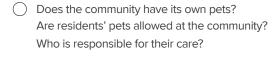
0	As you arrive at the community, do you like its location and outward appearance?
0	As you tour the community, is the décor attractive and homelike?
\bigcirc	Is the community well-designed for your preferences and needs?
\bigcirc	Is the floor plan easy to navigate?
\bigcirc	Are doorways, hallways, and rooms accommodating to mobility devices?
\bigcirc	Are elevators available for those unable to use stairways?
\bigcirc	Are handrails available to aid in walking?
0	Does the community have good natural and artificial lighting?
0	Is the community clean, free of odors, and an appropriate temperature?
0	Does the community have fire sprinkler systems, smoke detectors, and clearly marked exits?
	Care Models and Health Services
0	Is the community licensed to provide assisted living or skilled nursing?
\bigcirc	What levels of care does the community offer?
\bigcirc	Is a residency agreement available for review before move-in?



Care Models and Health Services CONTINUED

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\bigcirc	Does the community have a process for routinely assessing a resident's need for care and services, and are those needs addressed periodically? Who does this process include?
\bigcirc	Are additional care services, such as physical therapy or hospice available?
\bigcirc	Does the community offer specialized care for residents with memory challenges?
\bigcirc	Is there a medical center or medical staff available for resident visits at the community?
\bigcirc	Does the community have a clearly stated procedure for responding to a resident's medical emergency?
\bigcirc	What are the community's policies regarding storage and administration of medication?
	Lifestyle Amenities
\bigcirc	What indoor and outdoor amenities and recreation activities are available at the community?
\bigcirc	Does the community provide housekeeping



Does the community have its own transportation service or manage requests for transportation?

Are salon services offered at the community?

Is there a fitness and/or wellness center at the

services?

community?



Lifestyle Amenities CONTINUED

Are there opportunities for organized activities such as volunteer work and lifelong learning at the community and outside of the community?

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Individual Apartments or Rooms

\bigcirc	Are different sizes and types of apartments or rooms available?
\bigcirc	Is an emergency response system accessible from the apartment or room?
\bigcirc	Are bathrooms designed to accommodate mobility devices?
\bigcirc	Do residents bring their own furnishings?
	Are utilities such as telephone, cable, and internet service available in each apartment or room? What is the payment or billing model?
\bigcirc	Is smoking allowed in resident rooms or in a designated smoking area?
\bigcirc	Can guests visit and stay overnight? Is there any related cost?
0	What are the move-in and move-out policies? What about refunds and transfers?

Dining Services

- Do dining menus vary from day-to-day and meal-to-meal?
- How many dining locations are available at the community, and when are they open?



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Din	ing Services CONTINUED
\bigcirc	May a resident request special foods, and can the community accommodate special dietary needs?
\bigcirc	May residents "take out" meals and eat in their apartment or room?
\bigcirc	Are there set times during the day for meals, or can residents request a meal at any time?

Billing and Financing

\bigcirc	How is the pricing model structured for each level of care?
\bigcirc	How do residents pay for ancillary services?
\bigcirc	Do billing, payment, and credit policies seem fair and reasonable?
\bigcirc	Does the community accept long-term care insurance?
\bigcirc	Does the community accept Medicaid?

Staffing and Training

suspected incidents?

\bigcirc	Does the community require special training for staff?
\bigcirc	Does the community conduct criminal background checks on employees?
\bigcirc	Does the community train staff on elder abuse and neglect? Is there a policy for reporting



Additional Questions

\bigcirc	Is the community required to have a state license to operate?
0	Are the resident bill of rights posted or available for review?
\bigcirc	Is there a suggestion and complaints process for residents?
\bigcirc	What are the most common reasons why a resident may be asked to move out of the community?

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About Argentum

Argentum is the leading national association exclusively dedicated to supporting companies operating professionally managed, resident-centered senior living communities and the older adults and families they serve. Argentum member companies operate senior living communities offering assisted living, independent living, continuing care, and memory care services to older adults and their families. Since 1990, Argentum has advocated for choice, independence, dignity, and quality of life for all older adults. Learn more at **argentum.org**.

